

The Cooking Corner

Baked Mac & Cheese

Ingredients:

- 2 Tbsp Unsalted butter, plus more for the casserole dish
- Kosher salt
- 1 lb. Macaroni
- 3 C Whole milk
- 4 Eggs
- ¾ lb. Yellow cheddar, grated (about 4 C)

Directions:

- 1-Preheat oven to 350°F
- 2-Butter a 3-quart casserole dish
- 3-Bring a large pot of salted water to a boil
- 4-Add the macaroni & cook until tender, about 7 minutes
- 5-Strain well
- 6-Transfer the macaroni to a large bowl
- 7-Add the butter & toss to coat
- 8-Whisk together the milk, eggs & 2 tsp salt in a medium bowl
- 9-Add the milk-egg mixture to the macaroni
- 10-Add the Cheddar
- 11-Stir until it is evenly distributed
- 12-Pour into the prepared casserole dish
- 13-Bake until the custard is set & the top is browned & bubbling, 30-35 minutes
- 14-Enjoy!



Reminders

Your training has been assigned through our new platform, Care Academy. You will receive automatic reminders to complete your trainings.

Please remember **meetings** with the **Office** that are on your schedule are just like a client shift. If you are not able to make it, you need to call the office, **no texting!**

For more information on services and/or employment with Visiting Angels, please visit our website at www.visitingangels.com/canton. To become part of our team, please apply at BNAngel.cantonvisitingangels.com.

Self-Care Corner

Try an Outdoor Workout

Consider taking your sweat session into nature. Research shows that working out in the Great Outdoors can boost mental health and may decrease tension, anger, and depression.



The Angel Gazette

March 2021

Angel Spotlight: Tyler Brown



Tyler was born July 25 at Mercy Medical Center in Canton, Ohio. She has 3 older brothers, who are very protective of their baby sister. She graduated from Hoover High School. In 2019, Tyler completed the Medical Assistant program at Ross College. She is currently enrolled in Stark State's Dental Hygienist program & is set to graduate in 2023.

Tyler has a 4-year-old daughter, Averi. She just started preschool in January. They enjoy getting their nails done, shopping, & traveling. They have a trip planned to New York in the near future to visit some family. Tyler also has a bunny named Harlem.

When Tyler has some free time, she enjoys going out to eat & shopping. Her favorite restaurant is The Cheesecake Factory. She likes to shop at Banana Republic, Gap & Express.

A fun fact about Tyler is she recently started her own online store, Sunshine Essentials, for natural soaps & body oils. She shared she likes the natural stuff & started doing some research about what is used in commercial products & thought, "I can do this myself".

When asked why she became an Angel, Tyler shared she likes caring for people. She likes being that person that is there for them.

When asked what she likes best about being an Angel, Tyler shared she loves the people she works with and absolutely loves her client.

When asked what piece of advice she would share with new Angels, Tyler shared make sure you take care of your clients like you are caring for your family member. That is how you get the best results.

Tyler just celebrated 2 years with Visiting Angels this past December 26. Thank you, Tyler, for your dedication and commitment to our clients! We are lucky to have you on our team of Angels!



Angel Announcements



Huge Congrats goes out to **Melissa Briggs** for achieving the elite **◆ Diamond ◆** status in our Angel's Hall of Fame club. As you know, that is 12 consecutive months of pure awesomeness! Thank you, Melissa, for your top-notch services!

Congratulations goes out to **Alexis Ford** for her first **Silver** status in our Angel's Hall of Fame club. Keep up the good work Alexis & you will be Diamond before you know it! We appreciate all your hard work!!



If you have any news YOU would like to share, drop me a line. Tell me how you are doing in school! Tell me about new babies & grandbabies! Tell me about the new puppy you just got! Would love to share your news in our Angel Announcements!

Birthday Wishes

3/20 Mariana Nemes

3/30 Ruth Croft

3/31 Connie Turner

4/1 Ryan Cottrell

4/11 Sandy Troyer

4/15 Donna Collins



Angel Milestones

4/4 Linda Ailes-3 Years

4/4 Diana Price-3 Years

4/8 Misty Alazaus-1 Year



Dates to Celebrate

3/19 Let's Laugh Day

3/20 International Earth Day

3/20 Spring Equinox

3/21 World Poetry Day

3/23 National Chip & Dip Day

3/23 National Puppy Day

3/24 National Chocolate Cover Raisin Day

3/25 Waffle Day

3/26 National Spinach Day

3/27 Passover Begins at Sundown

3/28 Palm Sunday

3/30 National Doctor's Day

3/31 National Crayon Day

4/1 April Fool's Day

4/1 National Burrito Day

4/2 Good Friday

4/4 Easter Sunday

4/5 Deep Dish Pizza Day

4/7 National Beer Day

4/8 Zoo Lover's Day

4/10 Golfer's Day

4/10 National Siblings Day

4/11 National Pet Day

4/12 Ramadan

4/13 International Plant Appreciation Day

National Dolphin Day

Welcome to the Family!



3/3 Will Stuart



3/17 Kellie Nestor



Your Referral

\$ Christina Veneri's Referral \$

ATTENTION!! New Referral Program ATTENTION!!

Angel for LIFE!

After you have been employed with Visiting Angels for 30 days, if you make a referral and we hire them, after they complete 30 days of employment, you will earn \$20 a pay for the lifetime of their employment. You can have up to 5 Angels for Life at any 1 time. That could be an extra \$100/pay or \$2600/year!!